

# The Art of Listening and Positive Body Language

24 November 2022 02:00 PM - 24 November 2022 05:00 PM

## Brief Overview:

A successful professional rocks whenever he communicates, wherever he communicates - be it on the phone or in any platform - be it one on one or one to many, be it conducting an interview or attending an interview. be it a presentation to a client or a negotiation with a vendor. You must come alive on stage or anywhere, set it ablaze-totally on fire, You have to be born again, reborn again and again to make the receiver too feel the same way. The sure way, the ideal way to attain the above is to learn the strategies of winning communication, master the art of listening, body language and articulation skills.

You are not just what you communicate but more of how you communicate? You are your voice, your real body language, your actual behaviour while you listen. Polishing and fine tuning your personality, rising to the occasion, resonating with the receiver to convince him are the hall marks of successful professionals in the workplace.

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## Session content:

- The art of Listening and its significance.  
Different types of listening/ Emphatic listening.  
Ten techniques and key skills for effective listening.  
Voice modulation and its relevance in various platforms.  
4 Ps, 4 Ts, 1 E, 1 V of voice modulation.  
Effective techniques for better articulation, voice projection and clarity.  
Tongue twisters and its importance.  
Body language and its importance in the workplace.  
Facial expressions (navarasas)  
Don't just look with your eyes (listen, talk, sing, whistle, dance).  
Right Postures & gestures- Gestures Vs gesticulations /mannerisms. Practical tips & exercises for positive body language / voice modulation / listening.

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## For Whom:

- Managers / Executives/ Team Leaders / Supervisors/Entrepreneurs/ HODs / Professionals / Business owners / Sales personnel/Employees across different functions / Trainers / Speakers / Coaches / Consultants / Mentors.

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## **Key Takeaways:**

Practical exercises for effective listening / body language / voice modulation - Ten techniques for active, reflective and emphatic listening - 4 Ps. 4 Ts. 1 V. 1 E of voice modulation, Tongue twisters and its importance for better articulation. Positive body language - posture & gesture - significance of smile - power of eyes (request, plead. demand. order, aggressive, assertive, convince)

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## **Facilitator profile:**

### **Mr. M. CHIDAMBARAM**

CEO of KAVERI ACADEMY OF CREATIVE EXCELLENCE and General secretary of Exnora International. Excel graduate And Prime graduate in soft skills JCI university, U.S.A.Certified National Trainer, area and state trainer in soft skills of JCI India. Empanelled Coach for NLC / TNEB / CVRDE / ICAI / Anna Institute of Management / Forest department / Tamilnadu slum clearance board / Jci India / Punch gurukulam. Has conducted more than 6650 training programmes in the last 33 years inspiring over 2 lakh people - Conducted several leadership and train the trainer seminars for Rotary International. Lions International, Jaycees International to name a few. , Has won the most outstanding trainer of India award of Jci India. Served with distinction as National director of training of Jci India, besides serving as its National executive vice. He was the Editor of their National magazine Challenge. Written 3 books besides writing a series of 29 articles for a periodical. Contributed several articles on various topics for various magazines.27 of his programmes have been telecast in DD and various TV channels More than 100 programmes have been broadcast in A.I.R. and several FM radios. His interviews on several key issues have been featured in many magazines and newspapers. He has anchored, moderated and compered several public functions where the Governor of Tamilnadu, Chief Minister, several Central and state, Ministers were the chief guests.

## **Fee Details:**

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- Member amount : Rs 650.00- (Including 18%GST)

- Non Member amount : Rs 780.00- (Including 18%GST)

- Total Member count :