

ONE-DAY WORKSHOP ON
**SUCCESSFUL TEAM BUILDING
& LEADERSHIP SKILLS**



MADRAS MANAGEMENT
ASSOCIATION

Presents

One Day Workshop on

Successful Team Building & Leadership Skills

Date : Friday, 16th May 2025

Time : 10:00 AM - 05:30 PM

Venue : Madras Management Center, Chennai

Workshop Objective

"Enhance teamwork and leadership prowess with our intensive one-day workshop. Learn to cultivate trust, foster open communication, and leverage individual strengths for collective success. Explore strategies for conflict resolution, decision-making, and goal alignment to optimize team performance. Develop a deeper understanding of leadership styles and techniques to inspire and motivate your team towards shared objectives. Gain practical tools and

insights to build a cohesive, high-performing team culture that thrives in today's dynamic corporate landscape."

Workshop outline

Workshop objectives:

- Understanding Team Dynamics
- Explore roles, dynamics, and development stages.
- Identify individual strengths for team effectiveness.

Communication and Collaboration:

- Foster open communication and active listening.
- Techniques for effective collaboration and idea generation.

Leadership Essentials:

- Examine leadership styles' impact on performance.
- Develop skills like delegation, motivation, and conflict resolution.

Building a High-Performing Team Culture:

- Cultivate trust, accountability, and shared vision.
- Implement strategies for diversity and inclusivity.

Action Planning and Implementation:

- Create personalized action plans.
- Set measurable goals and timelines.

The workshop is suggested for mid to senior-level executives, managers, and team leaders

- Enhanced understanding of team dynamics.
- Improved communication skills and techniques for fostering collaboration.
- Increased proficiency in leadership essentials, including conflict resolution and motivation.
- Ability to cultivate a high-performing team culture.



Mr. Manoj Keshav

Manoj Keshav is a seasoned Author, Psychologist, and Behavioural Trainer with over 24 years of experience in Training, Counselling, and Coaching. As the founder of NxtNLP Research Institute, his mission is to guide individuals towards realizing their fullest potential. Manoj integrates the latest findings from psychology, neuroscience, and behavioural science into his training methodologies, fostering personal and professional growth.

With an 'Inside-Out' approach, he delves deep into individuals' minds to unearth inner drives and belief systems, facilitating profound transformations. Manoj is passionate about continuous self-improvement and conducts research on topics like neuroscience, emotional well-being, and the psychology of learning. His impressive client portfolio includes leading organizations such as Fidelity Investments, HSBC, NISSAN, TCS, and GE, among others. With a scientific mindset inspired by Charles Darwin, Manoj is dedicated to empowering individuals and organizations to achieve unparalleled success and fulfillment.

**Rs. 1800 + 18 % GST for
MMA members**

**Rs. 2800 + 18 % GST fee
for Non - Members**

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nominations received with
participation fee on or before
09th May 2025

*Fee once paid will not be
refunded.

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