

# Half-Day Workshop: Ownership, Accountability & Growth Mindset

24 October 2026 10:00 AM - 24 October 2026 02:00 PM

## Brief Overview:

MMA's Flagship Half-Day Workshop - Ownership, Accountability & Growth Mindset

Date : 24-10-2026, Saturday

Time : 10:00 AM - 02:00 PM

Venue : MMA Management Centre

Do you ever hear “That’s not my responsibility” at work? Or see commitments slip because accountability is missing?

This workshop is designed to transform those behaviours into a culture of ownership, proactive problem-solving, and continuous growth.

Success in today’s workplace depends not only on skills but on the ability to take ownership, stay accountable, and embrace a growth mindset. This interactive half-day program equips professionals with practical frameworks, demonstrations, and personal action planning to transform behaviour and results.

<https://forms.gle/2UHN5TTm9e2KeheCA> - REGISTER NOW!

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## Session content:

- Opening + Icebreaker

Ownership & Accountability

Fixed Vs Growth Mindset

# 6 Strategies to Develop Growth Mindset

## Personal Action Plan

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### For Whom:

- Managers & Team Leaders

Emerging Professionals

HR & L&D Professionals

Entrepreneurs & Business Owners

Anyone Seeking Personal Growth

This workshop is for anyone who wants to stop making excuses and start making progress — whether you're leading a team, building a career, or driving change in your organization.

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### Key Takeaways:

Own It – Stop blaming, start leading

Responsibility Shift – From “Not my job” to “What can I do?”

Power of Commitments – Build credibility and trust

Mindset Influence – How thinking drives results

Solution Focus – Replace blame with progress

Respond vs React – Emotional intelligence in action

Continuous Improvement – Learn ? Apply ? Improve

Taking Initiative – Lead without waiting for instructions

Personal Plan – Concrete next steps

Start/Stop/Continue – Behavioural clarity

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### Facilitator profile:

**Dr. Sandhya Arunkumar**

**TEDx Speaker | Keynote Speaker | Influencer Personal Development & Communication Enabler**

Dr. Sandhya Arunkumar is a doctor turned TEDx Speaker, keynote speaker, influencer, and personal development and communication enabler. Drawing on her background as an MDS, former Professor of Dentistry, dentist and educator, she combines scientific insight, teaching experience and powerful

storytelling to help individuals build confidence, communicate with impact and unlock their potential.

Over the past three years as a professional speaker, she has delivered 300+ sessions and impacted 10,000+ lives. Her leadership experience includes serving as a former Director on the Boards of Rotary Club and Network Forum. Her sessions are practical, relatable and designed to create purposeful personal and behavioural change.

**Fee Details:**

- **Fee Details**
- Member amount : Rs 1416.00- (Including 18%GST)
- Non Member amount : Rs 2360.00- (Including 18%GST)
- Total Member count :